

# Follow the Inca path 7 days / 6 nights (PBT A2)

Destinations at a glance: Lima / Cuzco / Wayllabamba / Warmiwañusca / Pacaymayo / Wiñay Huayna / Machu Picchu

## TRIP DESCRIPTION

One of the most popular treks in the world is, without doubt, the Inca trail. It combines ancient archaeological sites, snow-covered mountain scenery, cloud forests and a rich biodiversity. The trek ends at "The Lost City of the Incas", Machu Picchu. Although the trek is rated as moderate, this magnificent hike is for travelers who are in condition to hike up to ten hours with breaks in a single day.

The length of each trekking day will vary depending on the terrain of each section, and the ability of the group as a whole. But we suggest that you are prepared to trek for about 8-10 hours each day, this of course includes breaks, to view ruins, eat and rest.

## DAY BY DAY ITINERARY

### Day 1: Lima

Whatever the time of your arrival you can be assured of a warm welcome by the Peru Best Tours staff at the airport. Once you and your group have passed immigration and customs you will be transferred by private vehicle to your selected comfortable hotel.

Depending on your arrival time you will have the rest of the day to relax and enjoy the city.

### Day 2: Cuzco

As with your whole journey all transfers are taken care of and our driver will collect you in the morning for your transfer to the airport.

Once in Cuzco our staff will be waiting to welcome you and take you to your comfortable hotel. Later in the afternoon our guide will collect you from your hotel for your tour of the city. Cuzco, the ancient capital of the Inca Empire, and is considered the archaeological capital of South America. In the city of Cuzco, as in no other place, the mixture of Spanish and Inca cultures can be appreciated as well as its architecture of enormous cut-stone blocks fitted so perfectly that no mortar was needed.

Your tour will take you to the Cathedral, Temple of the Sun, Korikancha, Sacsayhuaman, Puca Pucara, Qenqo, and Tambomachay. Most of these sites are of the smaller Inca ruins in and around the city. This tantalizing look these amazing Inca ruins will only further whet your appetite for the following days of tours to the Sacred Valley and Machu Picchu.

### Day 3: Cuzco - Wayllabamba

An early start is required and our guide will collect you from your hotel in the morning, from here you will head to kilometer 82, which is the starting point for your trek. Here you will pick up the food equipment and porters for the trail.

Our expert guide will be with you every step of the way, to share his knowledge of the flora fauna and history of the trail. The first day of trekking will take you past the complex of Patallacta, before re-joining the porters to set up the first camp at Wayllabamba.

### Day 4: Wayllabamba - Warmiwañusca - Pacaymayo

The day will be started with breakfast at the camp. This day will probably be the hardest day of the trek as you will hike to Warmiwañusca, or the "Dead woman's Pass" at 4200 meters above

sea level it is the highest part of the trek. But don't worry as the rest of the day is a little easier as you head downhill.

The whole day will be filled with opportunities for spotting wildlife and our guide will help you to spot many varieties of birds, including the beautiful humming birds that live along the trail. Perhaps even if you are really lucky you might even spot one of the Spectacled Bears, that lives along the trail.

#### Day 5: Pacaymayo - Puya Patamarca - Wiñay Huayna

After breakfast you will start the steep hike to the Runkurakay Pass (3970m), leading to the ruins of Runkurakay an Inca Tambo or watch house. From here you will be able to take in the wonderful scenery and breathtaking views of the valley below.

Your trek will continue along the trail to Sayacmarca also know as the "Inaccessible Town", here you can climb the Inca stone steps which will give you the best vantage point to see the ruins and valley below. Descending the steps you will be able to enter the fortress where you will be able to see the solar observations point, and the other building that make Sayacmarca so incredible.

Most of the trekking from here is down hill until you reach the ruins of Puya Patamarca "The town above the clouds". Here you will be able to observe the sophisticated irrigation systems the Inca built to sustain their incredible complexes and cities.

The end of the day will take you to the complex of Wiñay Huayna, where you almost return to civilization. Here you will see how the Inca build agricultural terraces into the side of the mountains to provide for the people. Today depending on the season you can see orchids and other plants native to the area growing around the site.

Here you will make the final camp, where you will have the relative luxury of a small restaurant, hot showers and a well deserved cold beer.

#### Day 6: Wiñay Huayna - Macchu Picchu - Cuzco

The final day is a very early day waking at 0400 for breakfast, before starting the trek and heading to Inti Punku the "Sun Gate". Here as the sun rises above the mountains you will get your first look at Machu Picchu. As the sun rises above the mountains and the mist lifts from the citadel you will be in awe of the natural beauty and magical energy that is air. The sight of Machu Picchu below will be a memory that will remain with you for years to come.

From the sun gate, your guide will take you down to Machu Picchu, where the guided tour will begin. Here you will learn about the citadel and the significance of all the different areas of the complex. Once the tour has finished you will have the rest of the day free to explore at your leisure, relaxing, taking photos and taking in the wonders and magic of this sacred site.

As the day draws to a close you will leave Machu Picchu to catch the train from the small village of Aguas Calientes below the citadel. From here you will return to Cuzco where you will be collected and taken back to your comfortable hotel.

Or perhaps you could extend your visit to Machu Picchu. We can offer you an over night extension staying at a comfortable hotel in Aguas Calientes. This offers you the chance of a second day exploring the site, another chance to see the sunrise and feel the magical energy of the ruins.

#### Day 7: Cuzco – Lima

After breakfast we will collect you for your transfer back to capital for your last hours with us in Peru. Your final day will be finished with a private tour of the city at a time of your choice.

The tour will take you to both colonial and modern Lima. Giving you an insight as to how Lima has changed, grown and developed since its independence from Spain in 1821.

The tour will start from your hotel where our guide will collect you. The tour will visit places such as the Plaza de Armas (Presidential Square). The catacombs of the San Francisco church where you will see the bones of 100's of Limas ancient dead. Followed by visits to both

Barranco and Miraflores where your tour will end. You will then have the remainder of your day free until we come to collect you for your transfer to the airport for your flight home.

We all have a great passion for Peru here at Peru Best Tours, and once you have completed this amazing package we are sure you will too. We look forward to receiving you as our guest

#### INCLUDED

- 3 hotel nights
- 3 camping nights
- All breakfasts
- All meals during the Inca trail
- All the tours stated in the itinerary
- All transfers and entrance fees.
- Accredited tour guides.
- Personalized assistance by Peru Best Tours during your whole stay.

#### NOT INCLUDED

Domestic Transportation  
Lunches and dinners, other than those mentioned above  
Travel insurance  
Tips  
Airport taxes

#### HIGHLIGHTS

- Cuzco City tour (Regular group tour)
- Inca Trail tour (Regular group tour)
- Machu Picchu tour (Regular group tour)
- Lima City tour (Private tour)

#### STYLE

- History / Culture
- Family
- Nature

#### PHYSICAL DIFFICULTY

- Medium

#### CUSTOM MADE TRIPS

At Peru Best Tours, we do our best to meet your travel needs rather than you adjusting your trip to fit a company's schedule, It means: A more personalized service, greater flexibility of travel options, and better overall value giving you more for your money.

We can make you and your group any itinerary you wish from 1 day to 1 year! From budget to luxury 5 star. We can make anything you wish from something as simple as an amendment or addition to one of our standard packages, or something custom made from scratch. Just let us know what you want, we are at your service!

## DOMESTIC TRANSPORT

We always strive to give our customers the lowest prices on all domestic transport. Due to the number of bookings for flight, trains and buses we make each year, we are often able to give the cheapest prices on the market to customers booking packages with us.

You may also if you wish make your own transportation arrangements for your trip, just that most clients find it easier and less hassle to let us do the work for them.

Luggage for LAN Peru flights. The maximum weight limit for flights within Peru is 23 kgs of hold luggage (Max. 2 Bags). Hand luggage is limited to 8 kgs and one personal item such as a purse or, laptop. We recommend checking the website of the airline before traveling to check for the latest baggage and security information.

## INTERNATIONAL TRANSPORT

Following our desire to pass on savings to the customer, we suggest booking your international flight via one of the large internet based providers such as [www.opodo.com](http://www.opodo.com) , [www.travelocity.com](http://www.travelocity.com) or [www.kayak.com](http://www.kayak.com) as these companies are some of the market leaders in international discount airfares. Please note we do not work with any of the above companies, nor to we receive a commission for recommending them.

## HOTELS

We only work with the best hotels in each rating category. We constantly review our choices and listen to feedback from clients when we make reviews of the hotels we use. Before booking we will give you a list of our recommended hotels for you to select from. If you wish to stay in a hotel that's not listed, say one you read a review about on TripAdvisor for example just let us know the name and we will be happy to book it for you.

## WHAT TO BRING?

### Luggage

All types of luggage are fine to bring with you to Peru, although we do recommend something like a backpack or a rucksack. As they are often easier to handle in places such as Cuzco where cobble stone roads make suitcases with wheels for example a little cumbersome.

Also recommended is a day back, something light weight but big enough for your daily needs. Such as a bottle of water, your camera, tickets and other travel documents etc.

### Clothing

This will depend on the season you are travelling but generally winter on the coast is summer in the mountains and vice versa. So it's best to pack for all eventualities, take a look below at the recommended packing list.

- Trousers / Jeans / Shorts / Jogging Pants
- T-Shirts / Shirts
- Waterproof Jacket
- Sturdy shoes or Hiking boots / Trainers / Sandals

### Other things to pack

- Camera / Extra Memory or Films / Batteries / Charger
- Binoculars

- Sunglasses & Sun Cream (It can often feel cool at altitude but burns are still possible)
- Small First Aid Kit
- Medication – Remember if you are taking medication to bring enough with you to complete your journey.

#### Documents

- Passport + copies (We advise you leave your passport in the hotel and carry copies with you when outside)
- Andean Immigration Card – You will be given this card at the airport do not lose it as you have to hand it back in on your departure.
- All Peru Best Tours vouchers and coupons.
- Entry Visa (Should you require one.)
- Travel Insurance + copies.

#### TRAVEL MONEY

How much will I need for my trip? This will of course depend on your personal choices and preferences. Included at all hotels is breakfast, and some parts of your itinerary may include all your daily meals (See above). You will also need some money for souvenirs, and personal items.

Meals in a budget café or restaurant start at around \$4.00 per person, and dining at a top class restaurant can be upwards \$30-60 per person. So there really is something to fit every budget and taste.

Souvenirs start from as little as \$1.00 for a post card to \$100+ for such things as the fine alpaca woolen knitwear items that you will see for sale at many of the tourist shops and markets.

Airport Taxes are also a consideration as they have to be paid at the airport by the traveler. They have to be paid in cash in either US\$ or local currency. Domestic departure tax is \$6.25 per person and international departure tax is \$30.25 per person.